

TABLE 11.2**Edible Plants Used by Native Populations and in Modern Pharmaceuticals**

Common Name of Plant	Scientific Name of Plant	Pharmaceutical Using Plant Derivative	Healing Properties
Chili	<i>Capsicum frutescens</i>	Capsaicin	Pain relief
Foxglove	<i>Digitalis lanata</i>	Digoxin	Heart disease/arrhythmia
Garlic	<i>Allium sativum</i>	Raw garlic/garlic oil/aged garlic extract	Heart disease
Wild mandrake or mayapple	<i>Podophyllum peltatum</i>	Etoposide	Used in cancer chemotherapy
Tea tree	<i>Melaleuca alternifolia</i>	Tea tree oil	Antibacterial/anti-fungal
Thyme	<i>Thymus vulgaris</i>	Thymol	Antibacterial/anti-inflammatory
White willow	<i>Salix alba</i>	Salicylic acid/aspirin	Headache/pain/anti-inflammatory